

*An affiliate of University of Texas Health Science Center  
Division of General & Laparoendoscopic Surgery*

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Thank you for your interest in the UT Surgical Weight Loss Program. You have elected to discuss your bariatric surgical options with highly qualified leaders and teachers in Laparoendoscopic and General Surgery.

Our vastly experienced surgeons currently perform the Roux en Y Gastric Bypass procedure utilizing primarily the laparoscopic approach and "The Lap Band" procedure with the laparoscopic approach. Other less common procedures such as revision are provided. You will find information about each procedure at [www.utweightloss.com](http://www.utweightloss.com).

You are asked to keep in mind that weight loss surgery is a tool used to help change behavior. It is not the answer to severe obesity. It provides a long period of time where the patient opens a window of opportunity, giving them a chance to achieve a healthy weight. If the patient has not taken the steps to make healthy lifestyle changes regarding food and exercise during that time, obesity will return.

\*\*\*\*\*Please complete the enclosed questionnaire\*\*\*\*\*

**PLEASE NOTE:**

1. It is **IMPERATIVE** to complete the history as thoroughly as possible. Moving forward with surgery will depend on its completeness.
2. **We ask that you complete the packet of documents prior to your appointment. If you are unable to finish the packet we will have to delay your appointment.**
3. **Insurance approval for your surgery will depend on documentation that you provide regarding present and past medical problems, weight history and weight loss attempts with special interest in ALL previous diets, supervised and unsupervised by a healthcare provider, behavioral weight loss therapies, exercise programs, etc. to include the PAST 5 YEARS.**

**PLEASE BE AS THOROUGH AS POSSIBLE.**

4. **Contact your insurance carrier (through member services) to inquire about and know your benefits for surgical weight loss procedures.**
5. **If not done so already, please contact your primary care provider and arrange for a referral and copies of your medical records (for the past 2 years).**